

The Goal of an Annual Wellness Visit

Our vision is for all patients to experience physical, emotional and social well-being. One of the ways we ensure our patients become and remain healthy is through Annual Wellness Visits. The goal is to have a 5 to 10-year health plan for making your health the best it can be. During Annual Wellness Visits, our providers will ask you questions to learn if you are at risk of developing a condition that could harm your health. The sooner we know you are at risk of a health condition, the sooner we can find ways to address it.

Medicare does not cover traditional annual physcals.

Instead, routine follow-up appointments are used together with Annual Wellness Visits. A traditional annual physical costs about \$280 (2024 rate) excluding additional procedures.

For Medicare related questions visit:

CMS.gov

or call:

800.MEDICARE
800.633.4273



WOOD RIVER HEALTH
Caring for Our Community Since 1976



As a Federally Qualified Health Center, Wood River Health's services are provided without regard to a patient's race, color, sex, religion, age, disability status, national origin, sexual orientation, gender identity or expression, protected veterans status, or any other characteristic protected by law.

This institution is an Equal Opportunity Provider.

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MEDICARE ANNUAL WELLNESS VISIT

Common Questions

Excludes Medicare Advantage Plans



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Medicare Annual Wellness Visits are for:

- Talking about your health goals with your primary care provider.
- Checking your health to prevent problems like high blood pressure, diabetes, asthma or COPD.
- Discussing and ordering tests to find cancer or other conditions early, so treatments can be more effective.
- Thinking about what you want for your future health care, including:
 - Who should make decisions for you if you can't?
 - What kinds of medical treatments you would want or not want?
 - How comfortable you want to be?
 - How do you want to be treated?
 - What do you want your loved ones to know?

Medicare Annual Wellness Visits are NOT:

- A complete hands-on physical exam.
- A substitute for follow-up visits or regular physical exams.

These visits are covered by some Medicare Managed Care plans but may cost different amounts depending on your plan. Check your insurance card for phone numbers and websites where you can find a list of benefits.

Your Role in Prevention:

- Ask your primary care provider (PCP) about your risk factors. Some tests need specific conditions or risk factors to be covered, especially with "Blue Chip" Medicare.
- Update your online information before your visit, including your family's health conditions and your social habits.
- Let us take your vital signs like blood pressure other exams related to preventing health problems.
- Bring your questions about:
 - Nutrition
 - Health
 - Exercise
 - Medications
 - Financial concerns
- Tell us the vaccinations you have had recently so we may record them electronically.

Medicare Annual Wellness Visits help you talk about important life decisions and make a 5 to 10-year plan for your health.

At Wood River Health, we care for people of all ages and backgrounds. We will also welcome immediate family members of current patients.

Medicare "Advantage" programs are insurance plans that offer some Medicare benefits but may change costs and coverage to lower your out-of-pocket expenses. Wood River Health makes sure all our providers are approved by all insurance plans whenever possible. We are "in network" for all local Medicare Advantage plans and will check any new plans you have to see if we can join their network.

Medicare does not cover traditional annual physicals.

Wood River Health provides traditional annual physical costs for about \$280 (2024 rate) excluding additional procedures.